



# The CAFE Book

EXPANDED SECOND EDITION

## Chapter One

WEEK TWO: JANUARY 14, 2020

Book Study

Do this section before  
we begin on Tuesday

### Getting Ready for Chapter One

Please take time to reflect and answer the following questions before our session.

**Think back to when you were in school. Which teachers did you form a positive relationship with? Why?**

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**How long are your focus lessons? What challenges (if any) do you face in teaching lessons that are brain compatible in length?**

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**How do you communicate trust and respect through your teaching and classroom environment?**

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### What We'll Discover

- The CAFE Menu
- The constrained-skills theory
- How to use the CAFE Menu with emergent readers
- What CAFE is and how it enhances literacy learning
- Daily 5 connection

## Chapter One Reading

Read pages 12–16. What are the four goals of the CAFE Menu, and why are they in the order of C-A-F-E?

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Read pages 16–19. How do emergent readers begin using the CAFE Menu?

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After reading this chapter, answer in your own words: What is CAFE?

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### Quotes Worth Discussing

### What this means to me

Since relationships are built on trust and respect, these two attributes are necessary for a classroom climate in which students feel valued, safe, capable, and free to take risks.  
page 21

When students know we care, they open their minds to what we have to say.  
page 21

Being open to ideas and accepting of student differences increases comfort for risk taking and builds community.  
page 22

When we practice empathy and put ourselves in our students' shoes, we better understand them as individuals. This perspective informs our conversations, lessons, and day-to-day interactions by making them more meaningful.

page 22

We teach children who happen to be humans with free will, and that adds the element of surprise. They are not perfect and they're unpredictable, and therefore there is no one picture-perfect, step-by-step way of doing anything in the classroom.

page 27

## Putting Ideas Into Practice

- Take a close look at the strategies on the CAFE Menu (Figure 1.4). Align them with your standards and add any strategy necessary to meet your curricular needs. (Keep in mind that the CAFE Menu includes strategies readers use in the four main goal areas. Not all standards are reading strategies.)
- Focused sharing is a powerful way to review strategies, reflect, and celebrate growth. Look closely at your schedule to find time to incorporate focused sharing daily.
- Page 26 suggests that one way to build relationships with students is to list five descriptive facts about each student's life outside of school. Take time to do this with your class. Work to fill in the gaps.



**One takeaway or idea you will continue to think about after today.**

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