

Excerpted from "To Bless the Space Between Us" by John O'Donoghue in
"10 poems to keep your spirits up during self-isolation."
Independent. April 1, 2020

This is the time to be slow,
Lie low to the wall
Until the bitter weather passes.

Try, as best you can, not to let
The wire brush of doubt
Scape from your heart
All sense of yourself
And your hesitant light.

If you remain generous,
Time will come good;
Again on fresh pastures of promise,
Where the air will be kind
And blushed with beginning.

Regie Routman and Gail Boushey, "Nurturing Writers with Equity in Mind", August 2020

