

Relationship Lesson – Me Too!

UNDERSTAND (Why?)

Why? This activity helps students get to know each other better while also providing an element of movement and engagement. It works great as an icebreaker or a brain break during a lesson. It fosters a sense of connection and commonality among students.

PREPARE (Students)

Have a space large enough for students to stand in a circle or sit in a group.

***“We are going to play a fun and interactive game called Me Too! We are going to play this because it is a great way for us to learn more about each other and find out what things we have in common. We may use it at times for a brain break.*”**

TEACH (Explicitly)

***“Here’s how it works:*”**

“One person at a time will stand up [step forward] and share something interesting or cool about themselves. For example, ‘I love playing the guitar.’ If that’s true for you too, you’ll stand up [step forward] and say, ‘Me too!’”

“We’re going to keep it light, positive, and inclusive, so feel free to share something you’re proud of or excited about. We want to learn about each other and be open and accepting. Are we ready? Who would like to go first and share something about themselves?”

One student at a time stands up or steps forward and shares a personal fact about themselves. For example, “I play the piano.” Other students who share the same fact respond by standing up or stepping forward and saying, “Me too!” Everyone returns to the starting position, and the next student takes their turn to share a fact. Repeat the process, allowing each student to share something about themselves and others to respond with “Me too!” if it applies to them.

“We just had a chance to learn more about the friends in our class. What is one thing new you learned about someone? We will do this again another time. I can’t wait to keep learning more about you!”

SUPPORT (Pivots)

- Emphasize the importance of positive and supportive reactions when someone shares a fact. Encourage students to celebrate similarities and embrace differences. Pay close attention to the responses to ensure that all students feel included. If a particular statement excludes some students, consider modifying or balancing it with statements that cater to a broader range of experiences.
- After the activity, take a moment to reflect on the experience with the students. Discuss what they learned about each other and how the activity contributed to building a sense of community within the group.

Possible Starting Statements for “Me Too!”

- I play the piano.
- I have a pet dog.
- I speak more than one language.
- I have a sibling.
- I love playing video games.
- I have broken a bone.
- I enjoy listening to music.
- I have seen the movie **Batman**.
- I like to eat pizza.
- I like seafood.
- I enjoy playing basketball.
- On the weekends I like to wake up early.
- I like rainy days.
- I like to read.
- I have traveled out of the state.
- I have traveled out of the country.
- I have a pet cat.
- I like to eat or want to try sushi.
- I like broccoli.
- I enjoy watching cartoons.
- I have flown on an airplane before.