



READINESS SKILL
HOLDS A BOOK CORRECTLY

Reading Readiness skills will help prepare your child to learn how to read. Your child will use these very simple but important skills every time they pick up a book to read in the future.

Holding a book correctly helps focus a child's attention on the meaning of the book.

Uncovering your most comfortable reading position encourages you to read for longer periods of time. Learning how to turn pages correctly helps preserve books for years to come.

HOW CAN YOU HELP YOUR CHILD WITH THIS SKILL AT HOME?

1. Experiment reading sitting up, laying down or sitting at a table. Talk about what is the most comfortable position to you and your child. Be sure to let you child have their own opinion if it's different from yours.
2. Read books with your child all around the house. Discover which rooms work best. Be silly...read in the bathtub without water of course, on the floor in the kitchen or in a closet. Go outside, try reading in different locations in the great outdoors.
3. Occasionally open a book, turn it upside down and try to read. Does your child notice something isn't quite right?
4. Help your child learn to turn pages carefully. Turning at the corners is always helpful. If you want a gold star...as you turn from the corner, flatten your hand under the page and push it carefully across the book, pat down. Nice!
5. This is a good time to talk about other ways to care for books:
 - Very young children need board books.
 - Keep books away from water, food, pets, markers and crayons.
 - Use clean hands when you read.
 - Have a special box or shelf to keep books tidy and safe.

THANK YOU FOR YOUR CONTINUED SUPPORT AT HOME!