10 STEPS to Teaching and Learning Independence

1. Identify what is to be taught
2. Set a purpose: Create a sense of urgency
3. Record desired behaviors on I-chart
4. Model most-desirable behaviors
5. Model least-desirable behaviors, then desirable (same student)
6. Students check in; teacher places students around the room
7. Practice and build stamina
8. Stay out of the way; when necessary, confer and set behavior goals
9. Use a quiet signal—come back to group
10. Group check-in—“How did it go?” Graph stamina